

NW Iowa Youth Soccer Alliance General Rules & Regulations

Adopted 9/16/06

<u>U6 Division</u>	<u>U8 Division</u>	<u>U10 Division</u>	<u>U12 Division</u>	<u>U13 & Up Division's</u>
<p>Field: 20 X 25 yard Field</p> <p>Ball: Size 3</p> <p>Max # of players on team: 6</p> <p># of players on field: 3 vs 3 No Goal Keeper</p> <p>Player Equipment: T-shirt Shorts Socks Tennis shoes or cleats Shin Guards Water Bottle</p> <p>Duration of Game: 4 - 8 min. quarters</p>	<p>Field: 30 X 45 yard field</p> <p>Ball: Size 3</p> <p>Max # of players on team: 8</p> <p># of players on field: 4 vs 4 No Goal Keeper</p> <p>Player Equipment: T-shirt Shorts Socks Tennis shoes or cleats Shin Guards Water Bottle</p> <p>Duration of Game: 4 - 8 min. quarters</p>	<p>Field: 40 X 60 yard field</p> <p>Ball: Size 4</p> <p>Max # of players on team: 10</p> <p># of players on field: 6 vs 6</p> <p>Player Equipment: T-shirt Shorts Socks Tennis shoes or cleats Shin Guards Water Bottle</p> <p>Duration of Game: 4 - 10 min. quarters</p>	<p>Field: 50 X 90 yard field</p> <p>Ball: Size 4</p> <p># of players on team: 14</p> <p># of players on field: 8 vs 8</p> <p>Player Equipment: T-shirt Shorts Socks Tennis shoes or cleats Shin Guards Water Bottle</p> <p>Duration of Game: 2 - 30 min. halves</p>	<p>Field: 60 X 120 yard field</p> <p>Ball: Size 5</p> <p># of players on team: 18</p> <p># of players on field: 11 vs 11</p> <p>Player Equipment: T-shirt Shorts Socks Tennis shoes or cleats Shin Guards Water Bottle</p> <p>Duration of Game: 2 - 30 min. halves</p>

Condensed Rules for all Players:

Referees:

One referee is appointed for each match, who is responsible for control of the game. The decisions of the referee are final.

Linesmen:

Two linesmen assist the referee by indicating off side, when the ball is out of play, and which team is entitled to the corner kick or throw in.

Start of Play:

A flip of the coin decides which team will kick off first. Each team must stay on its own half of the field and the defending players must be at least 10 yards from the ball until it is kicked.

After the goal, the team scored upon will kick off. After halftime, the teams change ends and the kickoff will be taken by the opposite team to that which started the game. A goal cannot be scored directly from the kickoff.

Ball In & Out of Play:

The ball is out of play when: (a) it has wholly crossed the goal line or touch-line, whether on the ground or in the air or (b) when the game has been stopped by the referee.

Method of Scoring:

A goal is scored when the whole of the ball has passed over the goal line, between the goal posts and under the cross bar.

Off-Sides for U12 & up only:

A player is in a off-side position if the player is nearer to the opponents' goal line than the ball, unless (a) the player is in his or her own half of the field of play or (b) there are at least two opponents nearer their own goal line than the player is.

Fouls & Misconduct:

A player who intentionally attempts to or actually: Kicks/trips/jumps at/charges violently/charges from behind/strikes/holds or pushes an opponent or intentionally handles the ball shall be penalized by a direct free kick. Any one of these nine offenses committed in the penalty area by a defender will result in a penalty kick awarded the offensive team.

Penalty Kick: A direct free kick taken at the penalty mark. All players except the player taking the kick and the goalkeeper must stay outside the penalty area and at least 10 yards from the ball.

Throw- In: When the ball has wholly crossed the touchline. It is thrown in from that spot. A goal cannot be scored directly from a throw in.

Goal Kick: When the ball has wholly crossed the goal line after being touched by a player from the attacking team, it is put back into play by a kick for the goal area by the defending team.

Corner Kick: When the ball has wholly crossed the goal line after being last touched by a player from the defending team. It is put back into play by a kick from the corner on the side the ball went out by the attacking team.